

# Understanding the TSGLI Loss of Activities of Daily Living Standards

## TSGLI ADL Standard for Continence

*Please note the following examples are for illustrative purposes only and are not intended to be all inclusive.*

### Continence

- ▶ To meet the ADL standard for continence, you must:

<b>Have Colostomy Bag/Catheter</b>	<b>Do NOT Have Colostomy Bag/Catheter</b>
Require the assistance of another person to change and manage your colostomy bag/catheter.	Be partially or totally unable to control your bowel and/or bladder function.

## Continence Examples

- ▶ Unable to Maintain Continence Independently
  - You have a catheter/colostomy bag and are unable to change and clean it, and dispose of waste.
  - You soil your undergarments with urine or feces on a daily basis.
  
- ▶ Able to Maintain Continence Independently
  - You have a catheter/colostomy bag and are able to change and clean it, and dispose of waste.
  - You have urinary leakage once a week in your underwear.

For more information on Activities of Daily Living and other TSGLI losses, see the TSGLI Procedures Guide at:

<https://www.benefits.va.gov/INSURANCE/docs/TSGLIProceduresGuide.pdf>