Online Reference Guide

The Transition Assistance Program (TAP) provides training, information and services to help Service members and their families transition to civilian life. The Military Life Cycle (MLC) modules help Service members, Veterans and their families take full advantage of VA benefits and services. The VA Benefits 101 module presents an overview of the benefits and services that the VA provides. This Online Reference Guide provides you with the web links to important resources related to the course.

TAP Online Courses

The TAPevents.mil/courses website offers just-in-time web-based training for MLC modules. This website allows you to access all the MLC modules to learn more about VA benefits and services.

To access these courses, navigate to TAP Online Courses page and select Military Life Cycle (MLC) from the drop-down menu on the far-right, titled TAP Curriculum.

External Link Disclaimer: This document contains links that will take you outside of the Department of Veterans Affairs website. VA does not endorse and is not responsible for the content of the linked websites.
Key VA Resources

The VA.gov website offers current resources, tools and contact information for all VA benefits and services that may be available to Service members, Veterans and their families, caregivers and survivors. Go to the VA home page to find additional information regarding VA benefits and services.

VA home page

- VA benefits hotline: 1-800-827-1000
  - Hearing impaired benefits hotline: 1-800-829-4833
- VA Regional Offices

COVID-19 Information

- Frequently Asked Questions (FAQs)

Veterans Crisis Line

- Chat
- Phone: 1-800-273-TALK OR 1-800-273-8255, press 1
- Text: 838255

Benefit Eligibility

Discharge upgrade or correction

Home Loan Guaranty Program

VA Housing Assistance

- Home Loan Guaranty Program Call Center: 1-877-827-3702
- Regional Loan Center
  - Phone: 1-877-827-3702

Personalized Career Planning and Guidance

Education and Career Counseling

Education Benefits

VA Education home page

- Ask a question online
- GI Bill hotline: 888-GIBILL-1 OR (888-442-4551)
  - Outside the U.S.: 1-918-781-5678
- Forever GI Bill
  - Education Call Center: 1-888-442-4551

GI Bill Comparison Tool
- Montgomery GI Bill Active Duty
- Montgomery GI Bill Selected Reserve
- Post-9/11 GI Bill
- Marine Gunnery Sergeant John David Fry Scholarship (Fry Scholarship)
- Survivors’ and Dependents’ Educational Assistance (DEA)
- Veteran Readiness and Employment (VR&E)
- Video: “Know Before You Go,”

**Health Care**

**VA Health Care home page**

- Health benefits hotline: 1-877-222-VETS OR 1-877-222-8387
- VA health care for spouses, dependents and family caregivers
- Veteran Counseling Organization
  - Phone: 1-844-698-2311
- Vet Centers
  - Phone: 1-877-927-8387

**Disability Compensation and Life Insurance**

**Disability Compensation**

**VA Life Insurance home page**

- SGLI or VGLI support: 1-800-419-1473
- All other VA life insurance programs: 1-800-669-8477

**Burials and Memorials**

**Burials and Memorials home page**

- Headstones and Markers: 1-800-697-6947
- National Cemetery Scheduling Office: 1-800-535-1117
- Request a Presidential Memorial Certificate

**Survivor Benefits**

- Dependency Indemnity Compensation (DIC)
- Survivors Pension
- VA home loan program for surviving spouses
National Resource Directory (NRD)

- National Call Center for Homeless Veterans: 1-877-424-3838
- Veteran and Military Crisis Line: 1-800-273-TALK (8255), Press 1
- Wounded Warrior Resource Center (MOS): 1-888-997-2586

My HealtheVet

My HealtheVet home page

- My HealtheVet Help Desk: 1-877-327-0022
  - Hearing impaired: 1-800-877-8339

Veteran Service Organizations (VSOs)

Directory of Veteran Service Organizations

- AMVETS
  - Phone: 1-877-726-8387

- The American Legion

- Disabled Veterans of America

- Paralyzed Veterans of America
  - Phone: 1-800-424-8200

- Veterans of Foreign Wars of the United States

- Vietnam Veterans of America
  - Phone: 1-800-882-1316

- Student Veterans of America

Veteran Peer Groups

- Student Veterans of America

- Team Red, White and Blue

- Team Rubicon

- The Mission Continues

- United Service Organizations (USO)
  - Phone: 1-888-484-3876